



CAMBRILS

CLUB DE TIR OLÍMPIC CAMBRILS

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GENERAL PROTOCOL OF PREVENTION AND ACTION BEFORE COVID-19 TO OBSERVE ON THE ROUND TO THE TRAININGS AND COMPETITIONS OF ALL THE SPORTS EVENTS OF THE CAMBRILS OLYMPIC SHOOTING CLUB.

-1. INTRODUCTION.

This protocol constitutes an action guide to resume the sports activity of the Cambrils Olympic Shooting Club once the state of alarm is lifted, which was declared after the publication of Royal Decree 463/2020, of March 14, for the management of the health crisis situation caused by COVID-19. As a consequence of this measure, the suspension of sports activities and the opening to the public of the federal sports venues or establishments, including the Olympic Shooting clubs and the activity of their different Olympic and sports modalities. These measures will be maintained for as long as the alarm status and its various extensions are in force. Definitively, some actions are proposed that allow sports practice when the alarm state arises, without prejudice to any additional measure that the competent administration may adopt to allow the development of the activity with the limitations and requirements that may be they will fix and it should be strictly observed

The incorporation of athletes must be done in a scaled way and attending to each modality, open or closed facilities, influx of public, number of participants, environments, and above all prioritizing health and safety of our sport, athletes and fans .

In our Olympic Shooting gallery we practice a sport that has great advantages in this regard:

- It is a sport that is practiced individually, where physical contact between athletes is not necessary.
- It takes place outdoors or in semi-open galleries in most of its modalities.
- It is not a contact sport. In none of its modalities is physical contact between the participants required, being able to maintain separation distances according to the requirements of the authorities. Additionally, in some of its modalities there are physical separations (protective walls) between athletes.
- Athletes often travel in their own means (own vehicles), due to the volume of their sports equipment and the shooting range being located on the outskirts of the city. Therefore, as long as the instructions of the health authorities related to social distance are followed and avoiding crowds of athletes, the development of a controlled practice will be easy.

-2 DEVELOPMENT OF OLYMPIC SHOT TRAININGS AND COMPETITIONS IN ALL ITS MODALITIES.

The development of training and competitions in the different types of Olympic Shooting is contemplated in the regulations approved for this purpose by the Royal Spanish Federation of Olympic Shooting, which is responsible and regulatory in Spain for this sport in its Olympic and sports modalities recognized in its Statutes.

-3 PREVENTION.

Prevention measures in the event of lifting the suspension of sports activities and of the opening to the public of our center.



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A total and general lifting of the suspension of sports activities and of the suspension of the opening of sports venues or establishments is not foreseeable. The return to training and competitions will be progressive and when this occurs, elementary performance criteria must be observed, in line with the general rules established by the health authority, which prevent any possible contagion or expansion of the disease caused by COVID- 19. This is the purpose of this document.

These general measures can only be incorporated to the extent that the country's health and sports authorities so deem. And therefore they are subordinated in time to these authorizations.

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-4 OFFICIAL COMPETITIONS.

The objective at the moment is to be able to continue with the official activity for the 2020 season with all possible guarantees. For this, it is essential to carry out two fundamental measures: reduce physical contact and minimize the degree of mobility of the participants.

In the Cambrils Olympic Shooting Club it is perfectly feasible to maintain the safety distance between people since it is not a contact sport, it is practiced individually and takes place outdoors (although in limited terrain) in a large space.

Public access to any competition will not be allowed, they will be held behind closed doors, and will only be allowed to be in the shooting facilities with a mask and gloves while waiting for their turn to compete. Regarding the degree of mobility, to comply with this measure, the official calendar may not be developed as planned. It will be adapted to facilitate the participation of all athletes to new calendar dates.

The CLUB DE TIRO OLIMPICO CAMBRILS will prepare this new calendar that allows the vast majority of lost official competitions to be held simultaneously on different days and a single general classification of all of them, valid for RANKING and for classification for their participation in the Championship of each test.

This new format is intended to make it easier for athletes to participate in these official competitions with a single trip, adapting the schedules and format of the competitions so that it is not necessary to travel on other days.

The FECATO will assess the protocols and formats of participation for each test according to the characteristics of the competition to be carried out and will agree with the club, the organizational criteria and parameters, always prevailing to favor and guarantee the health safety of athletes and their lowest possible economic impact.

The use of technology and sports management programs that allow the results to be published in the shortest time possible on the club's pages will be proposed, in order to avoid that the athletes remain in the facility to see the final result of the competition.

-5 GENERAL MEASURES.

Establish hygiene, control and disinfection measures at the accesses to the facility, shooting galleries and at the users' disposal: Dispensers and sale of hydroalcoholic Gel, availability of single-use masks for their acquisition -or requirement that they be provided by the own athletes, and also single-use gloves also for their acquisition or requirement that

are provided by the athletes themselves. Establish protocols for permanent cleaning and disinfection by the staff of the center, the shooting galleries and common areas.



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Control of the number of users in the facilities based on the established health and safety regulations. Access to the facilities exclusively for athletes, coaches and referees, maintaining the minimum recommended distance of 1.5 to 2 meters between athletes in the closed compressed air shooting gallery and not being able to go out to collect the target more than two athletes at a time in the precision gallery, respecting the distance established between them. In accordance with the 33% capacity rule, to minimize the risk, at least only 1,5,6 and 10 positions would be used at the beginning (only four shooters at a time). Later when the regulations allow it, and to increase the capacity to 50%, seats 1,3,5,6,8 and 10 could be used, under the same security conditions.

In each official competition, a person will be appointed to verify compliance with security measures, coordinate actions and report information on relevant health-related events during the event. It is advisable that the profile of this person in charge be related to the healthcare field (medical, ATS, healthcare, etc.).

In official competitions and training, the number of participants will be limited so that there is a safe distance between them on the shooting range or gallery in the entrance, exit and other areas of possible concentrations of people. Therefore, the entrance to the facility will be through a door that gives access to the waiting hall, where the members will be waiting for their turn, maintaining the recommended social distance. The members who are inside the gallery carrying out the competition and / or training, once it is finished. They will leave the premises through a secondary door, to avoid any crossing with members who are waiting their turn.

There will be no physical awards during the competitions, these will be sent to the homes of the winners of the same and images of the deliveries will be made by photos of the winners on virtual podiums, with the prior authorization of the athletes to use their image. Availability of means to control possible people with high risk potential and take the appropriate measures.

We will establish action plans against possible accidents, enabling an area to isolate people with symptoms.

We will signal possible high-risk areas where the residence time is essential.

During the state of alarm and as long as the health authorities require it, the prohibition of public or companions in the sports facilities will be maintained and the competitions will be held behind closed doors.

Registrations will be made electronically, never in person.

In the draws or starting lists of each competition, the shooting schedule of each round or squad will be detailed, so that the athlete remains on the shooting range for the minimum time necessary.

Athletes should go to the shooting range avoiding public transport, using their private vehicle as much as possible individually, considering at all times the recommendations on movements made by the authorities.

-6 HYGIENIC SANITARY MEASURES.

The use of the restrooms will be restricted and will be limited to 2 people. They will have antiseptics for their use. For hand washing, it is necessary to implement several identified posts with disinfectant gel or soap and water, and paper.

We will locate and signal closed containers or waste bins for the disposal of discarded personal protective equipment. A mask and gloves will be used during the entire stay on the shooting range.



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-7 INFORMATIVE MEASURES.

In the facility we will publish sufficient information on the measures that athletes must observe during the competition.

Auxiliary personnel will be informed of the measures contemplated in this protocol.

We will constantly inform about the risks of contagion by COVID-19 and the mandatory use of PPE (personal protective equipment). The safety distance in the Aire gallery can be implemented by organizing athletes in alternate positions.

Gun control will be voluntary, without prejudice to the mandatory controls established by Regulation. The referees will be at the gun control with a distance of 1 meter between them and the use of masks and gloves will be mandatory. Athletes must go to it equipped with PPE (personal protective equipment).

Once the athlete is at the firing point, he may remove his mask and gloves when loading the first series or shot. Once the last shot of the competition has been fired and after unloading the weapon, the protective measures will be put back on, before collecting personal effects and leaving the firing point. The organization's staff will keep the areas clean by disinfecting them every time an athlete uses it.

The time allowed between rounds will be extended, if necessary, to allow the departure of athletes from one and the entry of the next, and also to facilitate the cleaning and disinfection of firing points. Coaches and referees must wear gloves and a mask at all times and in their interventions with athletes they must maintain the minimum recommended distance, as well as in the finals galleries, the area enabled for eliminated athletes and their coaches will also be arranged respecting this distance between them.

-8 ATTENTION TO THE PUBLIC.

The CLUB DE TIR OLÍMPICO CAMBRILS from the beginning of the State of Alarm adopted a teleworking system to continue offering its services, which have not ceased throughout the course of the crisis. Customer service will continue to be carried out electronically and the office located in the shooting gallery and on the WEB page: www.tircambrils.com, Telephone contact: 977 46 95 30 and E-mail: tircambrils@gmail.com Office hours: every afternoon from 5:00 p.m. to 8:00 p.m. except holidays.

Cambrils, May 4, 2020